

SCGOVHEALTHnews

Sarasota County Health Department | Florida Department of Health scgov.net | 941.861.5000 | TV 19

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CORRECTION: The revised April events calendar is at the end of the release.

Health services for residents who lack health insurance

Adults without health insurance can get basic health services at 15 locations in Sarasota County. The services available through **Health In Motion** include diabetes education and screening, blood pressure, pregnancy testing, HIV and tuberculosis testing, adult immunizations and health education. People can also get help in finding a permanent health care provider. No appointments are needed. Some services are free, including HIV-Rapid testing. The HIV-Rapid testing results are available in 20 minutes. Other services are offered on a sliding fee scale based on income.

Licensed volunteer physicians from Senior Friendship Center provide basic medical care when the mobile medical unit is at the Salvation Army in Sarasota. A registered nurse is available at all 15 sites.

The Sarasota County Health Department's "Health In Motion" bus is a mobile medical clinic that makes it easier for residents to access health/medical services," said the program's coordinator Tim Thompson, MSN, RN. The Health In Motion staff members also provide services inside the facilities they visit to better access clients. In these cases, the mobile medical bus may not be visible at each location.

During April, the Health In Motion staff will participate in four additional special events throughout the county. An "**Awareness Day**" event will be from 10 a.m. to 2 p.m. on Wednesday, April 1 at Manatee Community College (MCC) 8000 S. Tamiami Trail in Venice. Services at this location include Sexually Transmitted Disease (STD) and HIV Testing, blood pressure and blood sugar screening, and Body Mass Index (BMI) measurements.

The "**Spring Break – For Wellness Sake**" day will be from 10 a.m. to 2 p.m. on Thursday, April 2 at Siesta Key Beach, 948 Beach Road in Sarasota. Services at this location include Sexually Transmitted Disease (STD) and HIV Testing, blood pressure and blood sugar screening, and Body Mass Index measurements.

The "**Easing-The-Squeeze Blood Pressure Fair**" will be on Friday, April 17 from 2 to 6 p.m. and on Saturday, April 18 from 10 a.m. to 2 p.m. at the Sandra Sims Terry Community Center, 509 Collins Road in Laurel. Individuals and families will learn how to take their own blood pressure, and about the role of nutrition and medication in keeping blood pressure under control.

The **“North Port Community Outreach and Educational Expo”** will be from 3 to 6 p.m. on Wednesday, April 22, at the North Port Social Services Building, 6919 Outreach Way in North Port. Services at this location include HIV testing, blood pressure and blood sugar screenings, Body Mass Index (BMI) and assistance in locating a permanent healthcare provider.

Health In Motion is partially funded by a two-year grant from the Gulf Coast Community Foundation of Venice. The Gulf Coast Diabetes Foundation also provided funding for enhanced diabetes education.

A schedule of dates, routes and services is available. Call the Sarasota County Call Center at 941-861-5000. Visit www.sarasotahealth.org to view the calendar or to submit a special event request.

April Schedule of Events (Health In Motion)

Sarasota

Thursday, April 2; 10 a.m. to 2 p.m.
“Spring Break for Wellness Sake” Event
Siesta Key Beach Parking Lot
948 Beach Road, Sarasota (Siesta Key) 34242

Monday, April 20; 9:30 a.m. to noon **(no services on April 6)**
Selby Goodwill Jobs Center
1781 Dr. Martin Luther King Jr. Way, Sarasota 34234

Monday, April 20; 1 to 3 p.m. **(no services on April 6)**
Newtown Estates Park
2800 Newtown Blvd., Sarasota 34234

Thursday, April 9; 9:30 a.m. to 3 p.m.
Thursday, April 16, 23 and 30; 9:30 a.m. to Noon
Salvation Army
1400 Tenth St., Sarasota 34236

Monday, April 13; 9:30 a.m. to Noon
Orange Ave. Housing Authority Property
1912 N. Orange Ave., Sarasota 34234

Monday, April 13 and 27; 1 to 3 p.m.
La Canasta Market
2268 Fruitville Road, Sarasota 34237

Monday, April 27; 9:30 a.m. to Noon
McCown Center – Sarasota Housing Authority

1300 Boulevard of the Art, Sarasota 34236

Nokomis

Wednesday, April 15; 9:30 a.m. to Noon
The Community Pharmacy of Sarasota County
225 Tamiami Trail South Nokomis 34275

Laurel

Wednesday, April 15; 1 to 5 p.m.
Laurel USDA Food Distribution
Sandra Sims Terry Community Center
509 Collins Road, Laurel 34272

Friday, April 17; 2 to 6 p.m. and
Saturday, April 18; 10 a.m. to 2 p.m.
“Easing-The-Squeeze Blood Pressure Fair”
Sandra Sims Terry Community Center
509 Collins Road, Laurel 34272

Venice

Wednesday, April 1; 10 a.m. to 2 p.m.
“Awareness Day” event
Manatee Community College (MCC)
8000 S. Tamiami Trail, Venice 34293

Tuesday, April 14 and 28; 9:30 a.m. to Noon
Goodwill Center – The Rialto
650 S. Tamiami Trail, Venice 34285

Tuesday, April 14 and 28; 1 to 3 p.m.
Habitat for Humanity Retail Store
1400 Ogden Road, Venice 34285

Englewood

Tuesday, April 7 and 21; 9:30 a.m. to Noon
Englewood Goodwill Center
410 Indiana Ave, Sarasota 34223

Tuesday, April 7 and 21; 1 to 3 p.m.
Englewood Helping Hands
700 E. Dearborn St., Englewood 34223

North Port

No services this month at St. Nathaniel's Episcopal Church

Wednesday, April 8, 22 and 29; 9:30 a.m. to noon

Wal-Mart Super Center

17000 Tamiami Trail, North Port 34287

Wednesday, April 8; 1 to 3 p.m.

Riley Chase Apts.

1015 Panacea Blvd., North Port 34289

Wednesday, April 22; 3 to 6 p.m.

North Port Community Outreach and Educational Expo

City of North Port Social Services

6919 Outreach Way, North Port 34287

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